

# ST. JOSEPH



## Girl's Basketball Camp

### About the Coach



#### COACH LINDWALL

Coach Lindwall is entering his 8th season as Head Coach of the St Joseph High School Girl's Basketball program. Coach Lindwall became the Head Coach at St Joseph after coaching stops at Joel Barlow High School from 1990-1998 compiling a record of 137-58 including a State Championship in 1995 and a SWC League Championship in 1998. After coaching at Joel Barlow for 9 seasons Coach Lindwall in 1998 accepted a position as a Division 1 Women's Basketball Assistant at Fairfield University. He coached at Fairfield University for 7 years through the 2005 season with great success including participating in the NCAA Tournament 2 times and the WNIT Tournament 2 times. Coach Lindwall left Coaching in 2005 to pursue other challenges and to spend time with his family until 2011 when he accepted the Head Coach Position at St Joseph High School. Coach Lindwall has compiled a record of 102-76 in 8 seasons at St Joseph. In 2015 the team was crowned 2015 Connecticut Class M State Champions!

This year Coach Lindwall has continued his Girl's Basketball AAU program called the Connecticut Hoopsters. In it's fifth year of existence it consists of 9 teams ranging from 6th grade to 11th grade. All of the teams are coached by High School and former College Coaches.

Coach Lindwall brings over 24 years of Coaching and Basketball Camp experience to this year's Camp. He continues to assist in the growth of Girl's Basketball in the area and the teaching of the Fundamentals of this great game we call – Basketball.

### About the Camp

#### THE CAMP

- Coach Lindwall, his staff and his players teach basic fundamentals and skill development.
- The staff - camper ratio ranges from 1:8 to 1:1
- Teams are coached by St Joseph Assistant Coaches, former players and current players from St Joseph High School.
- Each camper plays on a team with players of her own age and ability.
- Campers work on skills like ball handling, balance, defense, rebounding, passing & shooting.

#### CAMP FEATURES

- Stations for Individual Instruction
- Awards at the end of Camp
- Individual Competition Events
- Camp T-Shirt (one per camper)

#### WHAT TO BRING

- T-Shirt
- Shorts
- Socks
- Basketball Sneakers
- Water Bottle



### Registration & Facilities

Submit one application per child with your check for \$175.00/session payable to Connecticut Hoopsters.

Mail to:  
Connecticut Hoopsters  
44 Pondview Avenue  
Trumbull, CT 06611

**\*NEW this year is online registration.**  
**Go to [www.cthoopsters.com](http://www.cthoopsters.com) for more info!**

The camp is conducted at St Joseph High School 2320 Huntington Turnpike, Trumbull, CT. All games and activities take place in the school gym. Entrance to the gym is located in the back of the school. Camp hours are Monday through Friday 9:00am until 12:00pm. Camp week registration will be held on the Monday of each week at 8:30am. For the rest of the week the gym will open at 8:45am each day with camp concluding at 12:00 Noon. A Full time trainer will be on premises. Camp is supervised and secure at all times. At the end of camp on each Friday there will be an awards ceremony at 11:30am.



[chris@cthoopsters.com](mailto:chris@cthoopsters.com)  
(203) 258 - 2792  
[cthoopsters.com](http://cthoopsters.com)



**BASKETBALL CAMP APPLICATION**  
(Please print clearly)

Name \_\_\_\_\_  
 Player's Grade \_\_\_\_\_  
 DOB \_\_\_\_\_  
 Address \_\_\_\_\_  
 Town \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Number \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_  
 Emergency Contact Phone \_\_\_\_\_  
 Primary Email \_\_\_\_\_  
 Physician's Name \_\_\_\_\_  
 Physician's Phone \_\_\_\_\_  
 Insurance Carrier \_\_\_\_\_  
 Insurance ID Number \_\_\_\_\_  
 Player's School \_\_\_\_\_  
 Camp Week Choice: ☐ 6/24-6/28 ☐ 7/29-8/02  
 T-Shirt Size \_\_\_\_\_  
 Parents Names \_\_\_\_\_

I hereby request that my child be admitted to the Connecticut Hoopsters Basketball Camp and authorize the directors to act for me according to their best judgment in any emergency requiring medical attention. Further I give Connecticut Hoopsters the ability to record any and all participation in events for photos, video and other media known or unknown to use them no matter by whom taken, in any manner for publicity, promotions, advertising, trade or commercial purpose without any reimbursement of any kind due to me or the need to pay me any fee.

Parent Signature \_\_\_\_\_  
 Date \_\_\_\_\_

\$175.00/Session payable with application  
 Make checks payable to Connecticut Hoopsters  
 (Credit Cards accepted online only)

Return Camp Application and Check to:  
 Connecticut Hoopsters  
 44 Pondview Avenue  
 Trumbull, CT 06611



### Typical Camp Day Schedule

8:45am ..... Drop Off  
 9:00am ..... Camp Begins  
 9:10am ..... Skills & Drills  
 9:20am ..... Stations  
 9:50am ..... Games  
 10:30am ... Specific Skill Instruction of the Day  
 11:00am ..... Individual Skill Contests  
 11:10am ..... Games  
 11:50am ..... Team Contests  
 12:00pm ..... Dismissal / Pick-up

*(This is a tentative schedule for each day of camp)*

*\*\*No supervision will be provided before 8:45am or after 12:00pm \*\**

# ST. JOSEPH

## Girl's Basketball Camp

Sponsored by



## Summer 2019 Day Camp



**June 24th - June 28th**

**July 29th - August 2nd**

**Mon. — Fri. 9:00am-12:00pm**

**St. Joseph High School Trumbull, CT**

**Campers going into 5th — 9th grade**

*(Camper must not have already completed 1 year of High School)*